

Review Date: _____

**NUTRITION SCIENCE
NUTRITION IN PUBLIC HEALTH OPTION
CHECKLIST & STUDY PLAN**

2025-26

Name: _____

ENGLISH COMPOSITION:

(See College requirement) (✓ when complete) (Units)

_____/_____

PREPARATORY SUBJECT MATTER (62-67 units):

ANT 2 or SOC 1 or SOC 3 _____

Chemistry, General (2A-2B-2C) _____

Chemistry, Organic (8A-8B) or
(118A-118B) or
(128A-128B, 129A) _____

Biological Sciences (2A-2B-2C) _____

Economics (1A) _____

Nutrition (10) or (10V) _____

Psychology (1) _____

Plant Sciences (120) or
Statistics (13) or Statistics (100) _____

Sociology (46) or Psychology (41) _____

Elective(s) (3-5 units) chosen from:
AMS 55; CHI 10, 21, 40, 42;
CRD 2, 20; ECN 1B; ETX 10; FST 10;
GSW 50, HDE 12; IAD 10; MIC 10;
NAS 1; NUT 11, 99; PHI 15;
POL 1, 3, 5; SAS 2, 90F _____

Section Completed: _____

DEPTH SUBJECT MATTER (76-80 units):

Biochemistry
(ABI 102-103 or BIS 102-103) _____

Biological Sciences (101) _____

Public Health Sciences (SPH 101) _____

Food Science & Tec. (100A, 100B) _____

Microbiology (102, 103L) _____

Neurobio. Physio. & Beh.(101, 101L) _____

Nutrition (111AY, 111B, 112, 113,
116A, 118) _____

Restricted Electives (right column) _____

Section Completed: _____

COLLEGE / UNIVERSITY REQUIREMENTS:

Total Units for Degree (180 – 225) _____

Total Units Completed _____

Total Units Outstanding _____

Upper Division Units Completed (min = 54) _____

Physical Education Units (max = 6) _____

American History & Institutions _____

GENERAL EDUCATION (52 units):

Topical Breadth and Core Literacies components must be met. The Agricultural & Environmental Sciences Dean's Office ultimately determines which courses can be used to fulfill your University / College requirements, including General Education coursework.

Restricted Electives (22 units):

Consult with your Major Advisor to plan this coursework after reaching 90 units

at least 9 units from Nutrition:

NUT 104, 105, 114, 116BY, 117, 119A, 120AN, 129, 130,
190, 192, 199 (✓ when complete) (Units)

Course: _____

Course: _____

Course: _____

the remaining balance of restricted elective units may be chosen from any of the following courses:

Community Health and Education

CMN 165; EDU 110, 120; HDE 135; PLS 193;

PSC 126, 130

Cultural Diversity and Community Change

AAS 100; ARE 112; CMN 136; CRD 152, 176;

IAD 103; SAS 130

Health Policy

ARE 120; POL 109

Human and Applied Sciences

CHA 101, 101L; CHI 140A; EXB 101, 102, 110, 117;
HDE 100A, 100B, 100C

Physiology and Applied Sciences

ETX 101; FST 128; NPB 132

Public Health Sciences

SPH 103, 104, 106, 108, 109, 113, 120

Course: _____

Course: _____

Course: _____

Section Completed: _____